



Transformation Work Group Meeting  
September 11, 2009



# In the Beginning....

- MHT Goal: Create Statewide Training and Technical Assistance Center for Consumers, Family Members, Youth, and Professionals (TTAC).
- June 11, 2008: DSHS' RFP for TTAC due 7/30/08.
  - \$2 million per year for up to 5 years.
  - Partners: MHAT, NAMI TX, DBSA TX and TMHC.

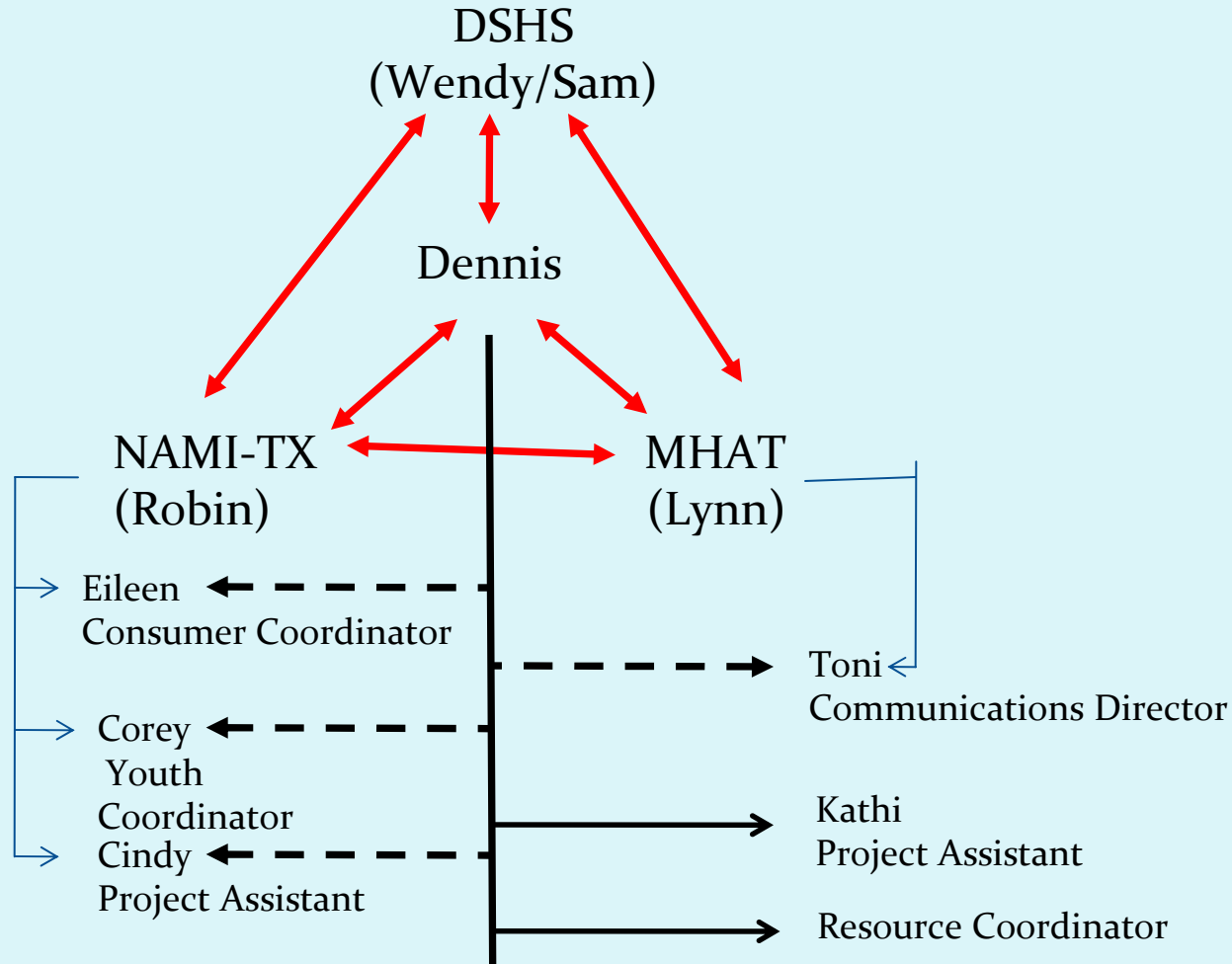


# In the Beginning....

- Contract awarded to Mental Health America of Texas with NAMI Texas as a subcontractor.
  - \$1 million per year for up to 5 years
  - Start Date - February 1, 2009
  - 1<sup>st</sup> year = 7 month contract
- Start Up Tasks:
  - Decide on a Name/Logo.
  - Appoint Steering Committee.



# Organization & Staff





# Steering Committee

- Ann Denton
- Aaryce Hayes
- Erica Matlock
- Jennifer Padrone
- Linda Werlein
- Maurice Dutton
- Merily Keller
- Mike Maples, Chair
- Wayne Gregory
- (Sam Shore)



# Provide Training Based on 2009 Needs Assessment

- Identify a minimum of five priority areas for training and technical assistance by September 20.
- Identify the specific topics for training in a minimum of five different cities by October 20.
- Identify the list of trainings, costs, and supporting materials by November 20.



# Training Needs Assessment

- Primarily on-line with some paper copies
- Survey information sent to:
  - Community mental health centers.
  - Advocacy and consumer groups.
  - State hospitals.
  - Initial organizations asked to distribute to their own networks.
  - Estimate sent to total of 2,100 agencies and individuals.
- About 832 valid responses received.



# Training Needs Assessment

- Respondents self identified as:

• Consumers	n= 127	15.2%
• Youth (up to age 23)	n= 11	1.3%
• Family members	n= 203	24.4%
• Professionals	n= 536	64.3%
• Advocates	n= 231	27.7%
• Could check multiple categories	n = 1,108	133.0%
- Demographics and work status
  - Gender, Ethnicity, Age groups
  - Zip Codes
  - Work full time, part time, or other



# Steering Committee 2010 Priority Areas for Training

- Personal Recovery and Resiliency
  - Managing Your Illness
- Mental Health Treatment Options
  - Understanding Diagnosis and Treatment Options
- Integrated Mental/Physical Health
  - Understanding the Relationship Between Mental and Physical Health
- Childhood Development
  - Social/Emotional, language, cognitive & physical development
- Community Integration
  - Housing, Employment, Transportation
- Suicide Prevention



# Training Needs Assessment

## Section 3: Peer Specialists Training

- Chose three of eight Peer Specialist Training Topics.
- Top choices by group:
  - Peer Specialist Certification Training (consumers).
  - Development of Peer Services (consumers).
  - Effective Working Relationships Between Peer Specialists and Licensed Providers (all but consumers)
- Bottom choices:
  - How to Find and Work With a Peer Specialist.
  - How to Obtain Funding for Peer Services.



# Training Needs Assessment

## Section 4: Peer Trng. For Employers

- Answered only by people representing employers.
- 40% of professional answered. Half that for other groups.
- Choose 3 of 9 topics.
- Top Choice: How to Determine What Types of Peer Services to Offer.
- Second Choice: Changes in Organizational Culture Needed.



# Develop Peer Training and Certification Program

- Phase One – Develop Training and Certification Program for Adult peers.
- Phase Two – Develop Training for Family and Professional Partners.



# Develop Peer Training and Certification Program

- Administrative issues for training and certification.
  - Application process.
  - Eligibility requirements.
  - Prerequisites.
  - Grandfathering and reciprocity.
  - Testing process.
  - Continuing education requirements for recertification.
  - Guiding principles and code of ethics.



# Develop Peer Training and Certification Program

- Identification of preferred training curriculum.
  - Georgia/DBSA Model (Appalachian Consulting).
  - Recovery Innovations Model.
- Adapt as needed for Texas requirements.
- “Whole Health” Module.
  - Promote connection between physical and mental health.
  - Reduce disparity in life expectancy.



# Develop Peer Training and Certification Program

- Provide training & develop future training capacity.
- Contract for experienced trainers and curriculum.
  - Initial Training Class for Peer Specialists.
  - Train the Trainers Class from initial graduates.
  - Second Class for Peer Specialists using new trainers.



# Develop Peer Training and Certification Program

- Infrastructure Development.
  - Peer Supports = Workforce Development.
  - Educate providers on benefits of hiring peer providers.
  - Develop sample job descriptions and workplace policies regarding peer specialists.
  - Identify changes in workplace culture needed to successfully incorporate peer specialists.
  - Identify other supports needed to be successful.



# Develop Peer Training and Certification Program

- Adult peer certification
  - Administrative and training plans by 9/20/09.
  - Policies, procedures, and curriculum by 11/20/09.
  - Initial training class by 1<sup>st</sup> Qtr. 2010.
- Family & professional partners
  - Administrative and training plans by 1/20/10.
  - Policies, procedures, and curriculum by 2/20/10



# Develop Peer Training and Certification Program

- Goal for first year:
  - Fifty peer specialists trained and certified.
  - Seven peer specialists trained as trainers .
  - Ten family partners trained.
  - Ten professional partners trained.

# Promote Consumer, Family, and Youth Network



- Monthly collaborative meetings to advance vision, purpose, plan of action, membership, structure and priorities for a network.
- Six meetings with consumers, family members, and youth organizations to promote network development and Via Hope.

# Promote Consumer, Family, and Youth Network



- Technical assistance resource for individuals.
  - New Resource Coordinator Position.
  - 800 phone number for people to call.
  - Develop Resource Database.
  - On-line library of information and resources.
- Become one-stop shop for information.

# Promote Consumer, Family, and Youth Network



- Collaborate with Texas Health Institute.
  - Visits to Community Collaboratives to support CFY network activities.

## THI Leadership Institute.

- THI leadership training
- Task Force to develop institute
- Identify long term relationship between Via Hope and Collaboratives.

# Promote Consumer, Family, and Youth Network



- Youth Coordinator Position.
- Youth Summit.
  - Follow up to youth summit in 2007.
- Youth Networking.
  - Different issues/priorities than adult consumers.
  - Outreach to organizations serving youth (AISD, etc.).



# Promote Via Hope and MHT Online Community

- Viahope.org
  - Online training content.
  - Calendar of events.
  - Community and emergency resource database.
  - Wellness Recovery Action Plan (WRAP)
  - Research articles.
  - CEU's for professionals (for a price).
  - Management of peer certification process.
- Contract with Essential Learning for much of content.



# Promote Via Hope and MHT Online Community

- [mhtonline.org](http://mhtonline.org).
  - Interactive website for consumers, family, professionals.
  - Blogs, community forums, information.
- Content to be managed by Via Hope staff.
- Link to [viahope.org](http://viahope.org).
- Two doors; same house.