



**WHY AN ORGANIZED EFFORT TO IMPLEMENT WRAP®  
AND OTHER PEER SUPPORT PROGRAMS  
AS AN EVIDENCE BASED BEST PRACTICE  
DECEMBER 1, 2009  
TRANSFORMATION WORKING GROUP  
AUSTIN, TEXAS  
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WRAP® OUTREACH COORDINATOR  
ON OUR OWN OF MARYLAND, INC.**



## **STEPS TO SUCCESS**

- 1. Formation of an implementation committee**
- 2. WRAP® Outreach Coordinator hired March 2008**
- 3. Three-day class held in January 2008, training 50 people as the preliminary Orientation to WRAP®**
- 4. WRAP® Facilitator Training with a total of 18 certified**
- 5. Second WRAP® Facilitator Training a total of 18 certified**
- 6. Director of Mental Hygiene Administration requests all provider agencies to follow protocol for WRAP® as an evidence based best practice**
- 7. Outreach efforts to provide information and buy-in from provider communities and communities at large**



### **STEPS TO SUCCESS (continued)**

- 8. WRAP® Outreach Coordinator trained as a Copeland Center Advanced Level WRAP® Facilitator (ALWF)**
- 9. First Annual Wellness & Recovery Conference**
- 10. Second statewide three-day class**
- 11. Ongoing individual and group support**
- 12. Facilitators provide contractual services within provider agencies in order to maintain fidelity to EBBP model. While coordinator does not mandate protocol or contractual agreements, coordination, recommendation and guidance is provided as part of the coordinator responsibilities.**



### **SCHEDULED AND ONGOING EFFORTS**

**Second Annual Wellness & Recovery Conference to be held in December**

- 1) Fourth statewide WRAP® Class (three day orientation) to take place end of January 2010 for prospective WRAP® facilitators**
- 2) Additional community three day orientation class provided in mid-January to communities is located in more remote locations**
- 3) Kickoff for agency providing WRAP® to 1,000 peers in early January**
- 4) Ongoing WRAP® Facilitator Follow-Up training**



## **FUTURE OBJECTIVES**

**Creation of partnerships within provider agencies and private sector to provide WRAP® as an overarching tool for wellness and recovery. This includes Organizational WRAP®, WRAP® for Veterans, churches, schools, WRAP® for Families, etc.**

- 1. Absolute adherence to EBBP**
- 2. Support for facilitators**
- 3. Steps to improve quality within W&RCs to include intentional peer support, trauma-informed care training, accountability, research**
- 4. Training of additional ALWFs and hiring a person to provide additional support to outreach coordinator and all WRAP® facilitators**



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